

PTPS Monthly Identity Scorecard

Instructions:

- Complete this at the end of each month.
- Rate yourself from 1-10 on each trait based on your trading behavior.
- Use the Comment section to reflect on identity growth or patterns noticed.

Month

System Obedience (1-10)

Emotional Neutrality (1-10)

Patience (1-10)

Impulse Control (1-10)

Detachment (1-10)

Precision (1-10)

Comment